Read the following scenario aloud to your group.

People learn by the results that you choose to give them, and in that respect, you are in control of every relationship you have. When my parents went out on a limb, let me do something further into the world of independence, I handled it well and did what I said I was going to do, thereby setting me up for the next freedom. It was like stepping-stones across a river. Every time I stood on one stone and didn’t fall off, I could toss another one a little farther into the stream and hop onto it. Pretty soon, I had the freedom that I really wanted.

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Do you think this scenario could work in your own life? Why or why not?

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Read the following quote aloud to your group. Then discuss what it means.

“If you refuse to accept anything but the best, you’ll get the best. Begin to live as you wish to live.”

-Anonymous

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Discuss what the illustration means.

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Give an example from your own life where you have found this to be true.

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Read *The Golden Rule* aloud to your group:

“Do unto others as you would have them do unto you.”

Read the following quote aloud to your group. Then discuss what it means.

“It is not fair to ask others what you are not willing to do yourself.”

- Eleanor Roosevelt

How can following *The Golden Rule* change the way others treat you?

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Read the following question aloud to your group. Then take turns sharing out your responses.

Pretend you and your parents do not get along. What are some possible reasons? How could you change the relationship to make it a win-win situation?

Discuss what the point of the illustration is.

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