Read the following statement and question aloud to your group. Then take turns sharing out your responses.

Take turns sharing about a time when you chose to forgive someone. How did it make you feel? How did it change your relationship with that person? How did it change you?

Read the following quote aloud to your group. Then discuss what it means.

“Man is free at the moment he wishes to be.”

- Voltaire

Discuss what the illustration means.

Life Law #9 states that: There is Power in Forgiveness

Give an example from your own life where you have found this to be true.
Read Luke 6:37 aloud to your group:

“Do not judge, and you will not be judged. Do not condemn, and you will not be condemned. Forgive, and you will be forgiven.”

Read the following definition to your group. Do you agree or disagree with this definition?

 Forgiveness
Anyone can hold a grudge, but it takes a person with character to forgive. When you forgive, you release yourself from a painful burden. Forgiveness doesn’t mean what happened was OK, and it doesn’t mean that person should still be welcome in your life. It just means you have made peace with the pain, and are ready to let it go.

Do you agree or disagree with the verse above. Why or why not?

Life Law #9: There is Power in Forgiveness

Discuss what the illustration means.

Read the following statement and question aloud to your group. Then take turns sharing out your responses.

Without saying the person’s name aloud, think about someone who you have not yet forgiven. List at least three words to describe how you feel about that person. How might you feel if you forgave that person?