My Perceptions

Life Law #6 states that there is no reality, only perception. In the first pair of glasses below, write words or phrases that express how you currently see yourself and the world. In the second pair of glasses, write words or phrases that express how you would like to see yourself and the world.

My Current Perceptions

My Desired Perceptions

What will it take for you to view yourself and the world from a new perspective? ________________________
__________________________________________________________________________________________
__________________________________________________________________________________________